



## Bestow mercy to receive mercy

*Today bring to Me the souls who are in the prison of Purgatory... Draw all the indulgences from the treasury of My Church and offer them on their behalf. Oh, if you only knew the torments they suffer, you would continually offer for them the alms of the spirit and pay off their debt to My justice.*

(St. Faustina, Diary, 1226)

To gain a plenary indulgence: a half-hour of reading the bible, a half-hour of adoration, or reciting 5 decades of the Rosary without interruption in a church, family, religious community or pious association. Then receiving Holy Communion, Confession, and a prayer for the pope's intentions, while being free from all attachment to sin and pleading to our Heavenly Father to receive indulgences. (Completed within 20 days of the indulgenced act.) **It is enough to free 1 soul from purgatory, and gain the best friend, ally, and advocate we could ever have.**

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